

Emotional Management for Children and Teens with ASD



9.30am - 4.00pm Friday 13th September, 2019

VENUE: Sawtell RSL, 38-40 First Avenue, Sawtell NSW 2452

Children and adolescents with an Autism Spectrum Disorder (ASD) have difficulty with the comprehension, expression and regulation of emotions, resulting in high levels of anxiety, stress, anger and/or depression and subsequent effects on family, teachers, friends and peers. Conventional strategies that encourage emotion management for typical children do not seem to be as effective with those who have an ASD. The child's quality of life, self-esteem and well-being will be influenced by their ability to manage emotions and difficulties with emotion management can lead to being suspended and having a notoriety that will affect the attitude of teachers and peers as well as the attitude of the child to themselves. Through several decades of working with children and adolescents with ASD and their families and schools, Michelle and Tony have discovered, developed and evaluated emotion management strategies based on Cognitive Behaviour Therapy that have proven to be effective in assisting children with ASD to learn about, and manage, their emotions from anxiety to love and affection.

The presentation is for
Parents, Carers and Family Members, Health and Educational Professionals

Prof. Tony Attwood PhD is an internationally recognised clinical psychologist, educator, and author. Recently featured on ABC's Australian Story, Tony is one of the world's foremost authorities on autism. His book *Asperger's Syndrome: A Guide for Parents and Professionals* is an international best seller and seminal in the field.



Dr Michelle Garnett PhD

is a clinical psychologist and Founder and Director of Minds & Hearts, a clinic specialising in Autism Spectrum Disorders (ASD). Michelle has co-authored four books on ASD. Her most recent book with Barb Cook is a seminal work on the female presentation, *Spectrum Women: Walking to the Beat of Autism*. She has co-authored three books with Tony on emotion management for children and adolescents.

REGISTRATION:

Visit www.attwoodandgarnettevents.com, OR complete the attached registration form, and email the registration form to events@attwoodandgarnettevents.com

REGISTRATION FORM

Emotion Management for Children and Teens with ASD

Please complete form and email to: events@attwoodandgarnettevents.com or post to: PO Box 5675, West End, QLD 4101

Details of Person Attending (please complete a registration form for each person attending):

Name: _____

Address: _____

Phone: _____ Email: _____

Dietary Requirements (must be supplied 14 days prior to event): _____

Emotion Management for Children and Teens with ASD Sawtell RSL 38-40 First Ave, Sawtell, NSW 2452 Friday 13 th September, 2019	Price includes GST
Early Bird (before COB Friday 30 th August, 2019)	\$175
Regular	\$195

Prices include GST and catering throughout the day.

Discount: If you are a full-time student requiring a discount please apply and send in a photocopy of your Student ID Card or if you are facing hardship please send an email to the clinic to apply.

For cancellations: Up to 7 days notice payment will be refunded, minus a \$50 administrative fee. At less than 7 days notice there will be no refund, but a credit note with Attwood and Garnett Events for future events, minus \$50, will be issued. Attendance is fully transferable.

Payment Details for Person Paying for Seminar: AMOUNT: \$ _____	
Name: _____	Organisation (if applicable): _____
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CREDIT CARD DETAILS: Name on Card: _____ MASTERCARD VISA BANKCARD	
Credit Card Number: _____	Expiry Date: ____/____
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If you require an invoice for this event please supply the details below:

Name of organisation paying: _____ Contact Name: _____

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Invoices are to be paid within 14 days prior to the event and the reference number must be stated on the payment receipt. Once payment is received a receipt and/or ticket will be issued to confirm place in the event.